## COVID-19 Resources for WIC Staff and Participants

| **Who to Contact for Questions** | • State COVID Assistance Hotline – 1-800-525-0127  
• Text the word “Coronavirus” to 211-211 for updates on your phone  
• Ask a question: DOHinformation@wa.gov |
| **Multilingual Resources** | • Coronavirus.wa.gov – information for You and Your Family, Workers, Business, daily COVID-19 statistics, and more  
• Health education materials in 26+ languages  
• DOH – Novel Corona Virus Outbreak (COVID-19) – Current Status in Washington State, questions line, Chatbot, Summary Data Tables, and more in 26+ languages |
| **Stress due to COVID-19** | • Washington Listens – talk to someone about the stress of COVID-19  
• Call 1-833-681-0211  
• Fact sheet - Washington Listens  
• Language services available  
• Available Monday-Friday 9am to 9 pm and weekends 9 am to 6 pm |
| **A Healthy Dose of Information** | • Public Health Connection – DOH blog posts  
• WIC Remote Services – forms, policies and tools for remote services  
• Washington WIC memos posted on the:  
  • Local Agency SharePoint page  
  • Nutrition First website |