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WIC UPDATE WEBINAR

September 17, 2020

Today's Agenda

- Welcome – Jean O'Leary
- Opening remarks – Paul Throne
- Announcements – State staff
- Post-waiver Plan – Cathy Franklin
- Preparing Cascades Calendars for 2021 – Luisa Schloss and Shannon Franks
- Questions and answers – Heidi Feston

WIC Works!

- New USDA report finds that consistent 4-year participation in WIC is associated with better diet quality among low-income children
- 4-year participation in WIC is associated with **a higher quality diet** among 4-year-old children.
- Caregivers who participate in WIC until their child is 4 years old **value the education and support** they receive through the program.
- Top reported reasons for continued participation are:
 - *the education received from WIC (94 percent),*
 - *the WIC food package (93 percent), and*
 - *the perception that WIC personnel listen when participants talk about their child's health (91 percent).*

WIC Works!

- Seven out of ten study participants report changing the way they eat or the way they feed their family because of something that they learned at WIC.
- The most common changes include:
 - choosing healthier, more nutrient-dense foods or eating a more balanced diet (39 percent), and
 - eating more fruits and/or vegetables (27 percent).
- The full *Fourth Year Report*, along with a brief summary of the study's findings, is available online at:
www.fns.usda.gov/wic/infant-and-toddler-feeding-practices-study-2-fourth-year-report.

Announcements

- Weekly agendas and NWA policy webinars – Jean O’Leary
- Include WIC Update Webinars on calendar – Margaret Dosland
- Cascades Sandbox refresh – Margaret Dosland
- Looking for volunteers to help evaluate electronic nutrition education (Memo 2020-115). The more the merrier! - Cathy Franklin
- Correction: If time studies not done or if quarter is over and not completed than all local agency time must be billed to **100 % administration** - Terri Trisler

Announcements

Vaccinate Your Family's Immunization Webinar For WIC Staff September 25th at 10:00 – 11:00 am PDT

- **Join** CDC's Dr. Amanda Cohn and learn more about:
 - Vaccine recommendations for infants, children and pregnant women
 - Flu season
 - COVID-19 vaccines
 - Answers to common questions about vaccinations
- You must **pre-register** at:
https://us02web.zoom.us/webinar/register/WN_UMTK-jiaThKQR1gTgSe4rQ
- **View** recorded webinar and other resources at:
<https://www.vaccinateyourfamily.org/vaccine-resources/>

Announcements

How many hours of recorded training can RDNs view for CEUs?

- CDR has approved an expansion of the Activity Type 175: Recorded Pre-Approved maximum CPEUs to 45 CPEUs for RDs and 30 CPEUs for DTRs for all cycles that are currently active.
- Starting with cycles beginning June 2, 2021, the maximum CPEUs will return to 30 CPEUs for RDs and 20 for DTRs.
- In order for a recording to be eligible for credit, it must be preapproved by CDR for credit when it was presented live or offered by one of CDR's accredited CPE providers.
- Contact CDR with your questions:
Email: cdr@eatright.org / Phone: 1 (800) 877-1600, Ext. 5500
Web: <https://www.cdrnet.org/covid19>

Post-waiver Plan

It is still possible the waivers may be extended!

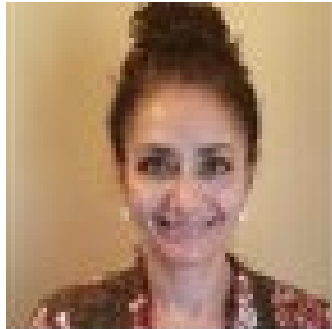
It's possible and it's happened! See Memo 2020-119 – Waiver Extension Details

Update:

We've removed the slides related to the Post-waiver plan... because **the waivers were extended!**



Adding Holidays to the Master Calendar



Luisa Schloss & Shannon Franks
Cascade Support

Please see the handout with information about the Master Calendar and how to add holidays.

Thank you to our dedicated staff.



#WICSTRONG

Questions?



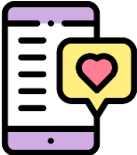

Contact us with your questions:

Policy Support phone: 1-800-841-1410, press 3, then press 1
or email at wicpolicysupport@doh.wa.gov

Your Local Program Consultant (LPC) or email at wiclpc@doh.wa.gov



COVID-19 Resources for WIC Staff and Participants

<p>Who to Contact for Questions</p> 	<ul style="list-style-type: none">• State COVID Assistance Hotline: 1-800-525-0127• Text the word “Coronavirus” to 211-211 for updates on your phone• Ask a question: DOH.information@doh.wa.gov
<p>Multilingual Resources</p> 	<ul style="list-style-type: none">• Coronavirus.wa.gov• Health education materials in 26 languages• DOH-Novel Coronavirus Outbreak (COVID-19)
<p>Stress due to COVID-19</p> 	<p>Washington Listens – talk to someone about stress due to COVID-19</p> <ul style="list-style-type: none">• Call 1-833-681-0211. Language services available.• Available Monday-Friday 9 am to 9 pm and weekends 9 am to 6 pm
<p>A Healthy Dose of Information</p> 	<ul style="list-style-type: none">• Public Health Connection – DOH blog posts• WIC Remote Services – forms, policies, tools for remote services• WA WIC Memos posted on the:<ul style="list-style-type: none">• Local Agency SharePoint page• Nutrition First website



To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.