



PEOPLE



PURPOSE



POSSIBILITIES

Tuesday May 11

7:30 am to 8:00 am	Wellness Activity: Gentle Yoga Virtual Trade Show and Local Agency Sharing Exhibits Open
8:00 am to 8:30 am	Coffee Chat/Networking Lounge Open Virtual Trade Show and Local Agency Sharing Exhibits Open
8:30 am to 10:00 am	Welcome and Opening Speakers: National and Local WIC Perspectives <ul style="list-style-type: none">• <i>Nutrition First – Carolyn Conner and Delores Baccus</i>• <i>National WIC Association – Brian Dittmeier</i>• <i>WA Department of Health – Paul Throne</i>• <i>Martha Tapia Award Presentation – Paul Throne and Sheryl Pickering</i>• <i>WA Department of Health – Michele Roberts</i>
10:00 am to 10:15 am	Break
10:15 am to 11:15 am	Virtual Trade Show and Local Agency Sharing Exhibits Open
11:15 am to 12:30 pm	Keynote Speaker: What are We Learning in a Time of Reckoning? <i>Dr. Ben Danielson University of Washington</i>

Wednesday May 12

7:30 am to 8:00 am

Wellness Activity: Zumba Class!

Virtual Trade Show and Local Agency Sharing Exhibits Open

8:00 am to 8:30 am

Coffee Chat/Networking Lounge Open

Virtual Trade Show and Local Agency Sharing Exhibits Open

8:30 am to 10:00 am

Concurrent Sessions

- **You are Awesome: Why What You Do Every Day Matters So Much.**
Shannon Whaley, PhD PHFE WIC
- **Health At Every Size (HAES) and WIC – Supporting Families with Weight Neutral Interventions.**
Mimosa Collins, RD, CD Rejoyn Wholeness, LLC
- **We All Have a Version of ‘How’s it Going?’.**
Leigh Hofheimer, Washington State Coalition Against Domestic Violence

10:00 am to 10:15 am

Break

10:15 am to 11:15 am

Virtual Trade Show and Local Agency Sharing Exhibits Open

11:15 am to 12:30 pm

Concurrent Sessions

- **Perinatal Mental Health is a Public Health Concern.**
Mia Edidin, LICSW Perinatal Support Washington
- **Cultural Focused Nutrition and Cooking Demo.**
Ashley Carter, RD/LDN and Jasmine Westbrooks, MS, RD/LDN EatWell Exchange Inc.
- **WIC Advocacy and Education – Sharing the WIC Story.**
Panel presentation: Noora Kanfash – NWA, Carolyn Conner – Nutrition First, Claire Lane – Anti-Hunger and Nutrition Coalition, Aliya Haq – International Community Health Services WIC, Katie Ladner – Belfair WIC, Kristina Struckman – Spokane Regional Health District WIC

Thursday May 13

7:30 am to 8:00 am

Wellness Activity: Hula Dance Class
Virtual Trade Show and Local Agency Sharing Exhibits Open

8:00 am to 8:30 am

Coffee Chat/Networking Lounge Open
Virtual Trade Show and Local Agency Sharing Exhibits Open

8:30 am to 10:00 am

Concurrent Sessions

- **Unlocking the Power of the WIC Shopper App.**
Cynthia Huskey Gould, RD, CD Washington State Department of Health
- **Compassionate and Connected Nutrition Education: A Trauma Informed Approach.**
Adrienne Markworth, Executive Director, Leah's Pantry
- **What you Don't Know CAN Hurt You and Your Patients: The Role of Implicit Bias in Birth and Breastfeeding Support.**
Nekisha Killings, MPH, IBCLC, RLC1

10:00 am to 10:15 am

Break

10:15 am to 11:15 am

Virtual Trade Show and Local Agency Sharing Exhibits Open

11:15 am to 12:30 pm

Concurrent Sessions

- **Broken by Design: The Legacy of Racism in Food and Nutrition.**
Dr. Lauren Powell, MPA, PhD The Equitist, LLC
- **Milk Men: Resourcefulness of Fathers for Breastfeeding Success.**
Nicholas Kasovac, MA, R-DMT, IMH-E, OTS
- **How Did I Miss That? Breast Assessment in Non-White Skin Tones.**
Nekisha Killings, MPH, IBCLC, RLC

Friday May 14

7:30 am to 8:00 am	Wellness Activity: Guided Meditation Virtual Trade Show and Local Agency Sharing Exhibits Open
8:00 am to 8:30 am	Coffee Chat/Networking Lounge Open Virtual Trade Show and Local Agency Sharing Exhibits Open
8:30 am to 9:00 am	Final Chance to Visit! Virtual Trade Show and Local Agency Sharing Exhibits
9:00 am to 9:30 am	Nutrition First Award Presentations
9:30 am to 11:00 am	Closing Keynote Speaker: Our Communities, Ourselves: Advancing an Authentic Equity Agenda <i>Renée Branch Canady, PhD, MPA CEO MPHI</i>
11:00 am to 12:00 pm	Join Virtual Discussion Groups to debrief and discuss next steps with your colleagues from around the State.



PEOPLE
CREATING A CULTURE
OF KINDNESS



PURPOSE
BUILDING
CONNECTIONS



POSSIBILITIES
IMAGINING
THE FUTURE

Thank you for joining us!

Save the Date:
2022 WIC Conference
October 26-27, 2022. Bellevue Hilton.